

A Spiritual Community on a Positive Path of Personal Growth

Founded November 1999

January 2023

Visioning and Focused Ministry Committee

The Focused Ministry Committee is working on the input of our membership discussed during the congregational “Visioning” session in September.



Some of the common words were, love, connection, inclusion, community connection, healing, prayer. Some of the negatives holding us back: judgement, resentment, expectations, self-doubt, ego. Nothing

was conclusive but the general feeling was, people want to be engaged.

We have grouped our understanding of membership needs into categories

Fellowship - feeling part of a community

- Physically Comfortable environment.
- Positive message & people
- Engaging activities and music
- Social Growth
- Opportunity to serve the Unity Community
- Being in a small group

Spiritual Inspiration, Renewal, Transformation

- Understanding the spiritual principles
- How to use the principles in our lives
- Support for individual spiritual growth

Personal Wellbeing/Growth

- Opportunity to use my skill set and learn something new
- Support in dealing with life challenges
- Health
- Finding a new purpose in life
- Grief
- Prosperity/finances
- Scam Alerts
- Housing
- Prayer

Power of Eight Prayer Circle Program

When individuals in a group focus their intention together on a single target, a powerful collective dynamic emerges that can heal longstanding conditions, mend fractured relationships, lower violence, and even rekindle life purpose. Here is a link to an article on the Unity Worldwide Ministries website: <https://www.unity.org/article/investigate-power-eight>

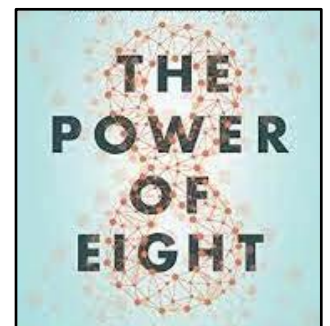
Unity-Five Cities is putting together a Power of Eight Prayer Circle Program and there are some opportunities to participate. Here are the brief job descriptions:

- Coordinator to work with prayer venues, people who want to pray, people who want to receive prayer, group facilitators, and scheduling.
- Session Facilitator to communicate with prayer recipients and work with the Coordinator
- People Praying in Power of Eight circle will work with the Coordinator and Facilitator, and be present for the 10-minute prayer session either in-person or on Zoom

• Prayer Recipients will communicate with the Coordinator and Facilitator and be clear and specific about the prayer request

If you are interested in learning more about these opportunities or want to receive prayer, contact Rev. Brian Walker

revbrian.walker@gmail.com
or Chris Garey chris@peacefulpoint.com



**You are never too old to
set another goal or to
dream a new dream.**

C.S. Lewis

Visioning and Focused Ministry Committee (con't)

Rethinking what it means to age
Living with dementia
Relationships
Forgiveness/judgement

Avenue to support the greater community

Food, toy and clothing drives
Projects such as beach cleanups

We are targeting the implementation of new programs in 2023. So the next steps for the committee and the congregation are:



The Committee will review the list and establish which items we can effectively address then expand existing programs or start new ones; the Power of Eight prayer program is an example of a new effort.

In the meantime, we ask members of the congregation to consider

what specific activities you'd like to participate in (like the clean ups or drives mentioned above or other possibilities) and how you can use your talents, time, and treasures to participate. Involvement can be great or small, from heading up a committee to simply doing research on what other community organizations are doing and how Unity-Five Cities can help.

If you are interested in contributing ideas to the committee, please contact Rev. Brian Walker revbrian.walker@gmail.com or Chris Garey chris@peacefulpoint.com

Church Financial Summary

November 2022

Total Income	\$4,874
Total Expense	\$4,839
Net Income	\$35
YTD Income	\$49,029
YTD Expense	\$46,571
YTD Net Income	\$2,458

Start the New Year Exploring Greater Possibilities!

Our prayer this New Year is that we hold fast to a commitment to our continued unfoldment of greater possibilities. Together we grow in Christ consciousness. Together we express the gifts of that consciousness. In alignment with "Greater Possibilities", we are offering a new class starting Jan. 10th:

Live Long and Carry On!

A Different Perspective on Aging

Eight sessions starting Tues., Jan. 10, 2023, 6:00 pm on Zoom.



Award-winning journalist Maria Shriver is on a mission to shatter outdated myths about aging and give people the tools they need to age with their fullest capacity of joy, optimism, grace, and guts. Join Maria and a remarkable lineup of video interviews with visionary voices.

Here is a link to a 2-minute introductory video with Maria Shriver. <https://vimeo.com/763967778>

Contact Chris for info and signup. chris@peacefulpoint.com

Potluck Lunch and Annual Congregational Meeting

February 5th, 11:30am after the Sunday Service, our annual meeting will be held at the Victorian. It will be a potluck lunch, so bring your favorite dish. The meeting topics: elect trustees to fill the open positions; review the 2022 financials; receive input on how we can better fulfill our vision and mission statements; discuss any questions, comments, or concerns. This is an important meeting for our community to thrive!



New Year's Day

After the Sunday Celebration



- What have I learned this year?
- What am I still carrying that I'm ready to put down?



- What is Spirit calling for me to experience in 2023?
- How does Spirit want me to express my true gift and my heart's deepest desire?

Facilitated by Rita Conrad, Ph.D.
Music by Richard Inman

Christmas Party 2022



Board of Trustees & Staff

Rev. Brian Walker, Minister	805-345-0832
Joe Davidson, Treasurer	661-304-5154
Jeanne Surber, Secretary	805-904-6166
Larry Conrad, Trustee	805-219-0219
Ethel Landers, Facilitator	805-550-0348
Donna Nisbet, Trustee	805-219-0331
Peggy Sharpe, Trustee	805-439-3238
Chris Garey, LUT	805-440-1693
Therese Solimeno, LUT	805-440-9461
Prayer Chaplain - Martha Aivaz	805-481-1335
Prayer Chaplain - LaDawn Davis	301-660-1197
Prayer Chaplain - Ethel Landers	805-550-0348
Prayer Chaplain - Sheila Cochran	619-540-0665
Prayer Chaplain - Deborah Hall	805-788-4777
Volunteer Coordinator, Chris Garey	805-440-1693

Vision Statement

Aligned in peaceful Oneness, we co-create a world of love, harmony, and abundance through shared spiritual awakening.

Mission Statement

We are a heart-centered spiritual community dedicated to empowering personal growth and living the unlimited possibilities of Spirit.

Belief Statement

- We believe that prayer works.
- We assist in discovering and living spiritual purpose and potential.
- We facilitate a stronger connection to our highest potential.

We feel we are:

- Empowered Grateful
- Peaceful Inspired
- Accepting Connected
- Loving Affirming

Unity Five Cities

Sunday Celebration 10:00 am
Meeting at The Victorian
789 Valley Road, Arroyo Grande, CA
805-788-4777
P.O. Box 1005
Arroyo Grande, CA 93421
Email: info@unity5cities.org
Website: www.unity5cities.org

Schedule

<u>Speaker</u>	<u>Music</u>
Jan 1 Rita Conrad	Jan Grigsby & Nina Ryne
Jan 8 Rev Brian Walker	Gale McNeeley & Bob Moloznik
Jan 15 Therese Solimeno Licensed Unity Teacher	Steve Kindel & Karen Wilkins
Jan 22 Rev Jan Lindberg Morgan	Richard Inman
Jan 31 Kevin Hauber	Rob Kimbal
Feb 5 Rev Joyce Zorger	Jan Grigsby & Nina Ryne
Feb 12 Richard Long	Gale McNeeley & Bob Moloznik
Feb 19 Kevin Hauber	Steve Kindel & Karen Wilkins
Feb 26 Richard Inman	Richard Inman

A Spiritual Community

P. O. Box 1005
Arroyo Grande, CA 93421

