



A Spiritual Community on a Positive Path of Personal Growth

Unity San Luis Obispo founded - 1929, Unity Five Cities founded - 1999

June 2026

The Blessing of Change

June Theme - Change

Change is one of the great certainties of life. Seasons turn, bodies grow, relationships shift, opportunities appear and disappear, and ideas that once seemed permanent give way to new understanding. Yet, while change is natural, many of us still meet it with resistance. We may cling to what is familiar, even when it no longer serves us, because the unknown asks for trust.

New Thought teaches that life is not happening merely to us, but through us. We are expressions of Divine Life, and that Life is always expanding. Change, then, is not simply disruption; it is often the movement of Spirit calling us into a larger experience of ourselves.

When we face change, we have a choice. We can see it as loss, threat, or uncertainty, or we can see it as an invitation. Every change carries within it the possibility of renewal. A closed door may be making room for a better path. A changed circumstance may awaken gifts we did not know we had.



Even an ending can

become sacred when we recognize it as part of a greater unfolding.

The key is consciousness. Our outer world often shifts before our inner world catches up. In moments of transition, we can pause and return to spiritual truth: God is present here. Wisdom is available now. I am guided, supported, and supplied. These affirmations are not a denial of human feelings; they are a reminder that fear does not have the final word.

Change also invites us to release old mental patterns. Perhaps we have been saying, "I can't," "It's too late," or "This is just how things are." But New

Water Ceremony

On Sunday, May 24th, James Buffalo Moreno, transformational author and former spiritual leader of Unity of Grand Rapids, MI, led a Water Ceremony for 25 people assembled at the Victorian.

Facing east in the shamanic tradition, James, whose passion is guiding individuals on their journey to healing, growth, and transformation, met with everyone there and gave each person an individual, intuitive reading based on his spontaneous Spiritual connection and shamanic practice. Through meaningful messages and sacred reflection, each person received guidance honoring their Divine uniqueness, spiritual gifts, leaving attendees feeling inspired, seen, and spiritually connected.



New Victorian Front Sign

Our new front sign proudly displays our reunification logo, creating a welcoming and recognizable presence for all who visit. It strengthens our identity, reflects our shared vision, and symbolizes our renewed sense of community.



The Blessing of Change (Con't)

Thought reminds us that thought is creative. As we change our thinking, we open ourselves to new possibilities. We do not force life; we align with it.

A helpful practice during times of change is to ask, "What is seeking to emerge through me?" This question lifts us out of anxiety and into partnership



"Change is good, especially in others."

with Spirit. It reminds us that we are not alone in the process. There is a Divine Intelligence within us that knows how to grow, heal, adapt, and thrive.

Today, let us bless change rather than fear it. Let us trust that Life is

progressive, purposeful, and good. Whatever is shifting in our lives may be the very doorway through which a greater expression of love, wisdom, abundance, and joy is ready to enter.

Affirmation: I welcome change as an expression of Divine Life. I am guided, strengthened, and blessed in every new beginning.

Power of Eight Intention Sessions in June



The Power of Eight is available on Zoom, 6:30 pm on Thursday, June 4th, with an email reminder and Zoom link going out the morning of the session. The in-person session at the

Victorian will be after the service June 21st. If you would like to be on the mailing list, to participate, or be a recipient of an intention, contact: Chris Garey chris@peacefulpoint.com

April 2026

Income	\$7,517
Expense	\$6,675
Net Income	\$842

Year to Date

YTD Income	\$37,390
YTD Expense	\$23,829
YTD Net Income	\$13,561

Unity Women's May Gathering

On Friday, May 29th, 20 women met at Kathy Bornino's home for a potluck lunch and sharing based on past lives. Barbara Lane and Kathy Bornino, both



authors of books on past lives, facilitated the activities. After hearing about ways that common experiences can stir past life memories, each of the participants got the opportunity to share any experience they've had with the group. There were some amazing and inspiring stories.

Reunification Update

The Reunification Steering Committee's goal is to develop short- and long-term plans to provide Unity ministry throughout San Luis Obispo County. This month, we are highlighting the Venue Search Sub-Committee, which is gathering information on potential sites for future expansion.



The committee is exploring commercial buildings, conference facilities, event venues, and other meeting spaces across San Luis Obispo County, with a focus on the mid-county area. We have specifications such as square footage, seating capacity, parking needs, etc. for the different options we are considering. If you have suggestions for possible meeting locations, please contact Chris, Tink, Amanda, or Richard Long.

Book cataloging program

Unity Five Cities and SLO is blessed with LOTS of books (thank you, Marcelle). We are seeking volunteers to help catalog our collection spiritual and self-help books. You can simply take a box or two of books and enter the title, author, etc into a Google Docs database. The boxes of books will be distributed at the Victorian (home delivery is possible). Once the books are organized and we see what we have, we can decide ways of distributing them to our Unity community and the greater community.



Father's Day June 21st



Labyrinth Walk

The May 3rd Labyrinth Walk offered a peaceful and meditative spiritual experience for all who attended. As participants walked the winding path in quiet reflection, many felt a deeper sense of calm, connection, and inner renewal, creating a meaningful opportunity for prayer, mindfulness, and spiritual awakening. Thank you Richard and Donna Long for hosting and Rita Conrad for providing the singing bowls sound background.



VARIETY SHOW

JUNE 28TH AT NOON

featuring

The UNITICS

(comedy troupe)

Bob Nelson, Don Aronson, Chris Garey,
Sheila Cochran, Kathy Bornino, Richard Inman,
Joe Davidson, Christine Young
and Special Guests.

If interested in participating
contact Richard Inman at
rich223344@gmail.com

Victorian Estate
789 Valley Rd,
Arroyo Grande, CA 93420

Board of Trustees & Staff

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Prayer Chaplain – Jill Roberts	805-451-2886
Prayer Chaplain – Ruth Jackson	805-451-1313
Prayer Chaplain - Therese Solimeno	805-440-9461

Vision Statement

Aligned in peaceful Oneness, we co-create a world of love, harmony, and abundance through shared spiritual awakening.

Mission Statement

We are a heart-centered spiritual community dedicated to empowering personal growth and living the unlimited possibilities of Spirit.

Belief Statement

- We believe that prayer works.
- We assist in discovering and living spiritual purpose and potential.
- We facilitate a stronger connection to our highest potential.

We feel we are:

- Empowered Grateful
- Peaceful Inspired
- Accepting Connected
- Loving Affirming

Unity Five Cities and San Luis Obispo

Sunday Celebration 10:00 am

Meeting at The Victorian and on Zoom

789 Valley Road, Arroyo Grande, CA

805-788-4777

P.O. Box 1005

Arroyo Grande, CA 93421

Email: info@unity5cities.org

Website: www.unity5cities.org

Schedule

Speaker

Music

June 7 Rev Joyce Zorger	Jan Grigsby & Nina Ryne
June 14 Rev Brian Walker	Mark Stanton Welch
June 21 Dr Rita Conrad, LUT	Steve Kindel & Karen Wilkins
June 28 Richard Inman	One Mighty Light Choir

P. O. Box 1005
Arroyo Grande, CA 93421



A Spiritual Community